

J.D. BIRLA INSTITUTE
Department of Human Development
Bachelor in Human Development (Honours)
CURRICULUM UNDER NEP, 2025-2026

Sem	Subject Code	Details	Theory/ Practical	Marks	Credits		
SEM-1	HD101	Fundamentals of Human Development	Theory	100	04	22	
	HD102	Guiding Child's Growth, Behaviour & Development	Practical	100	02		
	HD103	Marriage & Family Relations	Theory	100	04		
	HD104	Computer Theory & Applications	Practical	100	03		
	HD105	Communicative English	Theory	100	02		
	HD106	Graphology	Practical	100	03		
	HD107	Health & Wellness	Theory	100	04		
SEM-2	HD201	Life Span Development (Prenatal to Childhood)	Theory	100	04	23	
	HD202	Methods & Techniques of Child Study	Theory	100	04		
	HD203	Activities & Resources for Child Development	Practical	100	02		
	HD204	Human Physiology	Theory	100	04		
	HD205	Creative Writing in Hindi OR Bengali	Theory	100	02		
	HD206	Children, Adolescents & Media	Practical	100	03		
	HD207	Ethics & Indian Culture	Theory	100	04		
SEM-3	HD301	Life Span Development (Adolescence to Adulthood)	Theory	100	04	22	
	HD302	Introduction to Psychology	Theory	100	04		
	HD303	Human Ability & Skills Testing	Practical	100	02		
	HD304	Family Stress Management	Theory	100	04		
	HD305	Environmental Studies & Sustainability	Theory	100	03		
	HD306	Soft Skills & Personality Development	Theory	100	02		
	HD307	NGO Management & CSR	Practical	100	03		
SEM-4	HD401	Community Development & Extension Services	Theory	100	04	23	
	HD402	Maternal & Child Health	Theory	100	04		
	HD403	Gerontology	Practical	100	02		
	HD404	Parent & Community Education	Practical	100	02		
	HD405	Behavioral Assessment	Practical	100	02		
	HD406	Term Paper & Seminar	----	100	04		
	HD407	Innovation & Entrepreneurship	Theory	100	03		
	HD408	Academic Writing & Statistics	Theory	100	02		
SEM-5	HD501	Principles of Guidance & Counseling	Theory	100	04	22	
	HD502	Early Childhood Care & Education	Theory	100	04		
	HD503	Theories of Human Development	Theory	100	04		
	HD504	Early Childhood Education	Practical	100	02		
	HD505	Public Health & Community Nutrition	Practical	100	02		
	HD506	Social Psychology	Theory	100	04		
	HD507	SUMMER INTERNSHIP (6-week)	----	100	02		
SEM-6	HD601	Approaches to Counseling & Therapy	Theory	100	04	24	
	HD602	Pre-School Education	Theory	100	04		
	HD603	Human Exceptionality	Theory	100	04		
	HD604	Gender & Social Justice	Theory	100	04		
	HD605	Curriculum Planning & School Organization	Practical	100	02		
	HD606	Women & Gender Studies	Practical	100	02		
	HD607	Nutritional Therapy & Dietary Control	Theory	100	04		
SEM-7	HD701	Counseling Practices: Individual & Group Counseling	Theory	100	04	20	
	HD702	Developmental Problems of Behaviour	Theory	100	04		
	HD703	Human Rights	Theory	100	04		
	HD704	Counseling Practices & Case Analysis	Practical	100	02		
	HD705	Children with Special Needs & Inclusive Education	Practical	100	02		
	HD706	Human Development & Organizational Behavior	Theory	100	04		
SEM-8	HD801	Mental Health in Developmental Perspective	Theory	100	04	20	
	HD802	Field Visits, Survey & Client Profiling	----	100	04		
	HD803	Any one from A or B					
		A	DISSERTATION	----	300	12	
		B1	Guidance & Coping in Crises	Theory	100	04	
		B2	Theories of Personality & Development	Theory	100	04	
		B3	Monitoring & Evaluation of Child & Family Welfare Programmes	Theory	100	04	
GRAND TOTAL				5400	176		

