

**J.D. BIRLA INSTITUTE**  
**Department of Human Development (B.Sc)**  
**CLASS TIMETABLE, SESSION 2020-2021**

**2<sup>nd</sup> Year (Sem- III)**

DAY	1 <sup>st</sup> Period	Break	2 <sup>nd</sup> Period	Lunch Break	3 <sup>rd</sup> Period
	9:30 am to 10:30 am	10:30 am to 10:45 am	10:45 am to 11:45 am	11:45 am to 12:30 pm	12:30 pm to 1:30 pm
Sunday	<b>HOLIDAY</b>				
Monday			Principles of Guidance and Counselling		Maternal & Child Health
Tuesday	Life Span Development (Adulthood and Aging)		Study of the Child as an Individual		
Wednesday			Maternal & Child Health		Principles of Guidance and Counselling
Thursday	Life Span Development (Adulthood and Aging)				Study of the Child as an Individual
Friday	Life Span Development (Adulthood and Aging)		Maternal & Child Health		Term Paper and Seminar
Saturday	Study of the Child as an Individual		Principles of Guidance and Counselling		
<b>Activities and Webinars will be held as per the table mentioned below</b>					

**TEACHER ALLOTMENT**

Subject	Teacher
Life Span Development (Adulthood and Aging)	Ms. Swati Tulshan
Study of the Child as an Individual	Mrs. Punam Mehra
Principles of Guidance and Counselling	Ms. Geetika Sachdeva
Maternal & Child Health	Ms. Sudeshna Pramanik
Term Paper and Seminar (S)	Ms. Swati Tulshan

**ASSIGNMENT DETAILS (October, November, December 2021)**

Sl. No	Name of the Subject	Subject Code	Assignment Details	Date of Submission
01	Life Span Development (Adulthood and Aging)	HD201	Report (within 750 words) explaining the physical changes taking place in middle adulthood	22 <sup>nd</sup> Oct, 2021
			Q&A through Google Form on Socio-Emotional Development in Middle Adulthood	16 <sup>th</sup> Nov, 2021
			Report (within 750 words) explaining the physical and cognitive decline in Late Adulthood based on the study of research articles.	17 <sup>th</sup> Dec, 2021

02	Study of the Child as an Individual	HD202	Report (within 750 words) on Elaborating the role of Ordinal position in a child's development.	19 <sup>th</sup> Oct, 2021
			Presentation (PPT) on the Impact of Indian rituals after child birth on mother and infant.	11 <sup>th</sup> Nov, 2021
			Presentation (PPT) on any two aids that stimulate senses of an infant.	21 <sup>st</sup> Dec, 2021
03	Principles of Guidance and Counselling	HD203	Q & A through Google Form on Counselling	25 <sup>th</sup> Oct, 2021
			Presentation (PPT) on Information through media clippings on any relevant occupation	15 <sup>th</sup> Nov, 2021
			Report (within 750 words) on any scientific tool used in guidance and counselling programme	15 <sup>th</sup> Dec, 2021
04	Maternal and Child Health	HD204	Practical assignment on preparing a snack for a lady in her 2 <sup>nd</sup> trimester of pregnancy complaining of constipation and justify in 200 words	27 <sup>th</sup> Oct, 2021
			Poster on demonstrating the ways of assessing malnutrition among children (Infants and toddlers)	24 <sup>th</sup> Nov, 2021
			Q&A through Google Form on Units 1 to 3	21 <sup>st</sup> Dec, 2021

### WEBINARS(October, November, December) (2.00 pm to 4.00 pm)

Date	Topic	Teacher Coordinator
28 <sup>th</sup> Oct, 2021 (Thursday)	India's Auxiliary Nurse: An Aanganwadi Worker	Ms. Geetika Sachdeva
25 <sup>th</sup> Nov, 2021 (Thursday)	Advances in Dementia	Ms. Geetika Sachdeva
23 <sup>rd</sup> Dec, 2021 (Thursday)	Disability and Global Health	Ms. Geetika Sachdeva

### ACTIVITY CHART (September, October, November, December) (2.00 pm to 4.00 pm)

Date	Activity	Topic	Teacher Coordinator
23 <sup>rd</sup> Sep, 2021 (Thursday)	Quiz/Debate	Quiz (Famous Fictions)	Ms. Swati Tulshan
30 <sup>th</sup> Sep, 2021 (Thursday)	Lecture	Suicide Prevention: Solution Focused Therapeutic Skills	Mrs. Punam Mehra
7 <sup>th</sup> Oct, 2021 (Thursday)	Lecture	The Inclusion Emotions	Mrs. Punam Mehra
21 <sup>st</sup> Oct, 2021 (Thursday)	Quiz/Debate	Quiz (What Country are you in if?)	Ms. Swati Tulshan
11 <sup>th</sup> Nov, 2021 (Thursday)	Cultural	The Book I don't Want to Lose	Dr. Krishnakali Bhattacharyya
18 <sup>th</sup> Nov, 2021 (Thursday)	Workshop	Empathy & Education	Ms. Geetika Sachdeva
2 <sup>nd</sup> Dec, 2021 (Thursday)	Quiz/Debate	Quiz (Brands and Logos)	Ms. Swati Tulshan
9 <sup>th</sup> December (Thursday)	Workshop	Exposure Therapy for Anxiety Disorders and OCD	Ms. Geetika Sachdeva
16 <sup>th</sup> December (Thursday)	Career Counselling	Being an NGO Professional	Mrs. Priya Dwivedi

