## J.D.BIRLA INSTITUTE Department of Food Science & Nutrition Management

6<sup>th</sup> May 2021

The following titles and area of research have been approved along with the Mentor/Guides for dissertation (MFNP403). All 2nd year (Sem-IV) students of M.Sc.in Food & Nutrition (Session 2020-2021) must make a note and start their research work with immediate effect.

Sl. No.	Name of Student	Dissertation Topics	Mentor/Guide
1	Sakshi Dugar	A cross sectional study on the prevalence of thyroid associated disorders in people (aged>30 years) of Kolkata.	Ms. Sweata Rani Rai
2	Paloma Sett	A study to develop an immunity boosting food product using <i>Tinospora cordifolia</i> .	Dr. Adrija Sarkar
3	Vandana Rajiv	Assessment of food security status of women aged (25-45 years) living in the slums of Kolkata and planning an intervention programme to increase food security and sustainability.	Ms. Sweata Rani Rai
4	Arwa Nanderbadwala	A study on the consumption pattern of underutilized fruits by people of Kolkata (20-40 years) and promoting its usage through an intervention programme.	Ms. Sudeshna Pramanik
5	Sangeeta Sreshtha	A study to determine the status of hidden hunger (Vitamin A and Zinc) by assessing their dietary habit and food preferences of preschool children.	Dr. Manika Das
6	Priya Gupta	Development of food products using selected medicinal plants for the wellbeing of women at reproductive age.	Dr. Manika Das
7	Maria Tasira	A study for formulation of emergency food product in the Indian scenario.	Ms. Sudeshna Pramanik
8	Shrijita Bhattacharjee	Development and analysis of a food product using acid whey.	Dr. Anindita Deb Pal
9	Tahira Rabab	Development of pasta using gluten – free flours.	Ms. Jincy Abraham
10	Soumitree Sarkar	Qualitative assessment of health status of young adults due to regular overconsumption of Caffeine.	Dr. Anindita Deb Pal
11	Devyani Sarraf	A study to develop a malted beverage for young adults (aged 18-35 years).	Dr. Uttiya Jana
12	Deep Shikha	A food product development using Madhuca longifolia.	Ms. Jincy Abraham

Students will have to discuss the progress of their research work on the following dates. The go ahead for final submission will be given only after satisfactory completion of work on a regular basis:

- 1<sup>st</sup> Phase: 29th May, 2021 (Saturday)
- 2<sup>nd</sup> Phase: 28th June, 2021 (Monday)
- 3<sup>rd</sup> Phase before Final Submission: 15th July, 2021 (Thursday)

Dr. Adrija Sarkar Assistant Professor & Head Department of Food Science & Nutrition Management